

MESA DAY CONTEST RULES 2018 – 2019

(Version 10.31.18 / Updates denoted by *)

Prosthetic Arm

LEVEL: Grades 6 and 7/8

TYPE OF CONTEST: Team

COMPOSITION OF TEAM: 2-3 students per team

NUMBER OF STUDENTS: Preliminary – As determined by your local MESA Center

Regional – 1 for 6th Grade; 1 for 7th/8th Grade per Center

SPONSOR: Ben Louie, Associate Director, USC MSP

Cathy Douglas, Associate Director, UCLA MSP

OVERVIEW:

Students will design, construct, and operate a simulated prosthetic arm that can accurately throw as many ping pong balls into the *Target Zone* as fast as possible. Participation logistics, limits, and competition facilities may vary by host site. Advisors and students are responsible for verifying this information with their center director.

An Engineering Lab Book is a required component of this competition. The purpose of the Engineering Lab Book is for students to closely follow the practices of an engineer in the completion of their MESA Day project. The Engineering Lab Book will encourage students to take a purposeful and sustained approached to building their devices. MESA projects are not designed to be completed in a single class period or day, but to be the result of thoughtful research, planning, analysis and evaluation. The notebook should provide a written record of the thought and insight that a student put into their project, from initial ideas to the final completed project.

MATERIALS:

For the device, all materials are legal with the exception of hazardous materials. There are no cost limitations; however, awards will be given to the most innovative designs utilizing low-cost materials.

For the Engineering Lab Book, there are three format options for lab book submittals: Electronic Lab Book, Printed/Written Pages or Standard Lab Book. Please check with your local center director for the format required for your preliminary event. Electronic submissions will be required at the Regional/State level.

The Host Center will provide the following:

- 12 ping pong balls (Oriental Trading Item #: IN-51/201 or similar)
- 1 Homer All-Purpose Bucket (Home Depot Model # 05GLHD2 or similar)

MESA DAY CONTEST RULES 2018-2019 (Version 10.31.18 / Updates denoted by an *)

Master Set

©University of California Regents

These rules are for the internal use of MESA staff and teachers only and should not be forwarded or used outside of MESA.

"Skee Ball" Target Zone used in previous year competion of circles taped to floor)

GENERAL RULES:

- 1) The students' full name, school name, grade and MESA Center must be clearly labeled on the device. A 10% penalty in the score will be assessed for failing to properly label.
- 2) The device must have at least two artificial fingers. These fingers:
 - a. MUST open and close. At least two fingers are required to move.
 - b. MUST grab and release the ping pong ball. Team member may NOT use any other part of the prosthesis or parts of his/her own hand, wrist or arm to grab and release the ping pong ball.
- 3) The device must NOT be controlled or operated by either of the team member's fingers, hands, or
- 4) In order to simulate an amputated arm, participating team member must have his/her wrist, hand, and fingers immobilized during the competition. The team will determine own method for immobilization.
- 5) The device (i.e. artificial fingers) may only grab and release ONE ping pong ball at a time.
 - a. A ping pong ball that is dropped outside the bucket inside the boundaries of the Working Area must be grabbed by the artificial fingers and released back into the bucket before attempting to throw the dropped ping pong ball.
 - b. Ping pong balls outside of the Working Area are out of play and may NOT be retrieved.
- 6) No part of the device may cross the *Launch Line* when throwing a ping pong ball.
- 7) During the trial, the team member may use his/her unencumbered hand to hold and move the bucket, but the bottom must remain in contact with the floor and within the defined Working Area at all times.
- 8) Lab books are meant to clearly demonstrate and illustrate evidence of the application of the Engineering Design Process in the MESA project.

The Engineering Lab Book must be properly labeled (names, school, center, grade level, etc.) and contain and cover the following sections using the template provided:

1. **IDENTIFY THE PROBLEM** (at least 2 sentences for each question) State what is the challenge being worked on? What are the limits/constraints? How do you think you can you solve it?

2. EXPLORE

Find out what others have done (research). Clearly list at least 5 sources (web pages, books, etc.). Identify (cite) and describe them.

3. DESIGN

Brainstorm ideas (at least 3 ideas) and record them. Each idea should be represented by a sketch or drawing.

- i. One sketch should be of the <u>anatomy of the human arm</u> and the other sketches of the device. These sketches MUST be hand-drawn or student's original computergenerated. Sketches should indicate a progression in the thinking and design of the device, and be detailed. Sketches must be no smaller than one page, and can either be drawn on the lab book page directly or attached.
- ii. The sketch of the anatomy of the human arm AND the sketches of the device should include the following eight required and correctly labeled structures:
 - Radius/Ulna
 - Flexor Carpi Ulnaris

MESA DAY CONTEST RULES 2018-2019 (Version 10.31.18 / Updates denoted by an *) Master Set

©University of California Regents

- Radiocarpal Joint
- Carpus
- Carpometacarpal Joint
- Metacarpus
- Phalanges
- Tendons

Select one idea and create a plan (at least 5 sentences) to build a prototype from. Generate a list of materials for your prototype. Table should list all materials utilized for the above eight required structures.

Sample Materials Table

Structure	Material
Radius/Ulna	Mailing Tube
Flexor Carpi Ulnaris	Bungee cord
Radiocarpal Joint	Hinge

4. CREATE

Using your plan, build your prototype. Include a picture of the actual project prototype.

5. TRY IT OUT

Test your idea/prototype. Attempt at least 3 trials/attempts of your test. Measure the results of your test (by project performance criteria). Provide evidence of the use and application of at least 2 appropriate mathematical concepts in your tests. This section must include the calculations for <u>both</u> the following:

- Calculate how much work is done by the artificial fingers in grabbing an object by using W = Fd.
- Calculate the grab and release speed of the artificial fingers by using d = rt.

6. MAKE IT BETTER

Describe how you can make the project better and what modifications you will be making (at least 5 ways you can improve project). Build and prepare competition ready project. Include a picture.

*JUDGING:

- 1) * Devices will be checked for specifications prior to the start of the competition. Teams that are deemed disqualified after this initial check will still have an opportunity to compete under ALL of the following conditions:
 - a. Accept an automatic "Mistrial" and therefore no score for Trial #1.
 - b. Make repairs/modifications as necessary to bring the device to proper specifications and be ready to compete when called for Trial #2.
 - c. Make repairs/modifications only in the designated area as indicated by the judges.
 - d. Failure to adhere to any of a, b, or c will result in the disqualification being upheld.
- 2) *Teams that aren't disqualified but wish to make repairs and modifications may do so, but they MUST be ready to compete when called for Trial #1.
- 3) Repairs are only allowed with duplicate parts and materials.
- 4) Each device will be allowed two (2) non-consecutive trials.
- 5) At the beginning of each trial, team member must demonstrate immobilization (see Rule 4).
- 6) Each device must be ready when called or team will forfeit that trial.
- 7) Each team will be given up to 60 seconds to prepare, attach, and demonstrate prosthetic arm, to place and prepare ping pong balls inside the bucket, and to place bucket anywhere inside *Working Area*. If at the end of the 60 seconds the team is not ready, the trial will be declared a mistrial and this process will be repeated for the second trial.
- 8) The judge will give the start order and begin the timer.

- 9) The team member will enter the *Working Area* and will have a maximum of 1 minute (60 seconds) to grab and release each of the 12 ping pong balls. The judge will notify the team when 30 seconds, 20 seconds, and 10 seconds remain.
- 10) *The judge(s) will count the number of ping pong balls as they <u>initially land</u> (i.e. first impact with a surface) inside each scoring zone.
 - a. Points will be given for balls landing inside the initial scoring zone and NOT for bouncing into subsequent scoring zones.
 - b. * If a ball is deemed to have landed on the border of two scoring zones, points will be given for the lower scoring zone. The judges call is final and cannot be challenged.
 - c. NO points will be given for balls initially landing outside *Target Zone* and then bouncing into a scoring zone.
- 11) The judge will stop the timer when the last ping pong ball has been thrown. Or, the judge will call "time" after one minute has passed.
 - a. The judge will record the time needed to complete the trial.

SCORING:

- 1) Team points-to-time ratio = total points divided by trial time in seconds (00.00)
 - a. Points for each scoring zone (maximum of 1200 points)
 - i. 30 point zone = circle 75 cm diameter (see diagram below)
 - ii. 60 point zone = circle 30 cm diameter
 - iii. 80 point zone = circle 25 cm diameter
 - iv. 100 point zone = circle 15 cm diameter
 - b. Time needed to complete trial (maximum of 60.00 seconds)
- 2) Maximum of 4 points awarded for two sketches and materials table
- 3) Final Score = best points-to-time ratio plus (+) sketches/table points
 - a. The best points-to-time ratio of the two trials will be used
- 4) A deduction of 20% of the final score will be assessed for an incomplete Engineering Lab Book and a 50% deduction will be assessed for a missing Engineering Lab Book.

AWARDS:

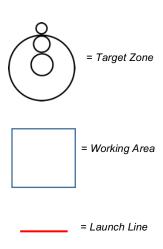
- Medals will be awarded for 1st, 2nd and 3rd place based on the greatest Grand Total Score.
- Ribbons will be awarded for Innovative Engineering Design utilizing low-cost materials.
- Only teams placing in the Total Score category will advance to Regional MESA Day.

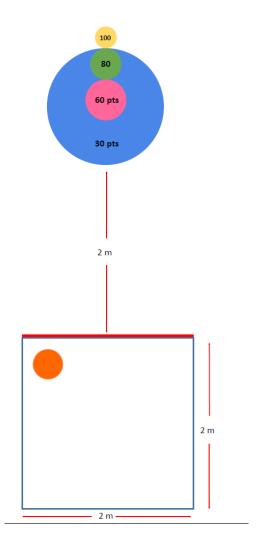
ATTACHMENTS/APPENDIX:

- Competition Area Specifications
- Equipment
- Inspection & Score Sheet for Prosthetic Arm
- Engineering Lab Book Requirement Rubric
- Skee Ball *Target Zone* (provided in electronic form by MESA Center)

Competition Area Specifications

- A 2-meter square will be marked as the *Working Area*. Only the team member actively participating during the task will be permitted inside the *Working Area*.
- One edge will be designated the *Launch Line*.
- The *Target Zone* is the "Skee Ball" setup indicated in the diagram. Target Zone diagram is attached to rules.





*Equipment

- 12 ping pong balls per trial (recommend additional ping pong balls as replacements)
 www.orientaltrading.com (Table Tennis Balls Item #: IN-51/201 or equivalent)
- 1 Plastic Homer's All-Purpose Bucket (Model # 05GLHD2 or equivalent)
- *"Skee Ball" *Target Zone* (see attached target diagram for printing): This is a flat surface target. No wall will be used to separate the scoring areas.
- Measuring tape
- Masking tape to outline the Working Area
- 1 stop watch to record trial time

INSPECTION AND SCORE SHEET FOR PROSTHETIC ARM

Middle School - Grades 6 and 7/8

Copies of this inspection and score sheet will be provided by the MESA Day Host Center.

tudent Nam	nes:					Grade	: 6 or 7/8 (circ	cle one)			
chool:				MES	A Center:				_		
			Section belo	ow to be comp	leted by Iu	dges					
ngers grab a evice not con eam has dem	es at least to and release p ntrolled by nonstrated in	ping pong b fingers, han mmobilizati	allsds, or wrists of e	and close (at least ither hand					NO		
			Innovativ	e Engineering De	sign (ranking	-1, 2, 3,	etc.):		_		
KETCHE	S AND M	ATERIAI	LS TABLE								
Structure		Material Listed 0.1 points	Sketch of Arm Anatomy Present Correctly Labo 0.1 points 0.1 points		eled Pre	sent (of Final Device Correctly Labeled 0.1 points		Sub Total		
Radius/Ulna Flexor Carp		0.1 points	0.1 points	0.1 points	9.1 р	omits	0.1 points				
Radiocarpal Carpus Carpometac Metacarpus	arpal Joint										
Phalanges Tendons					To	OTAL (m	aximum 4 poir	ate)			
RIAL 1	Score		30 pt. Zone	60 pt. Zone	80 pt. Zon		100 pt. Zone				
	# Ping Pong Balls Total Zone Points							Total Points			
(zone pts		ping pong balls					ne (00.00 secs)				
	Mistrial R	Zone Points/Time Ratio Mistrial Reason:									
TRIAL 2	Score # Ping Pon	ng Palls	30 pt. Zone	60 pt. Zone	80 pt. Zon	e 1	100 pt. Zone	Total Po	oints		
	Total Zon							=			
	Trial Time (00.00 secs) Zone Points/Time Ratio										
	Mistrial Reason:										
			Final Scor	e (best of two tris			als Table Poin of Final Sco				
			Engin	eering Lab Book	Penalty (20%	or 50 %	of Final Sco	ore) <u>-</u>			
MESA DA	y contest	Γ RULES 201	8-2019 (Version	10.31.18 / Updates			OTAL SCOI	RE			

Master Set ©University of California Regents

MESA DAY 2018-2019

Lab Book Requirement Rubric (criteria may vary by individual competition)

SCHOOL	CENTER: CENTER:							
	circle one): 6 th 7/8 th 9/10 th 11/12 th							
Section								
		YES	NC					
	Is the lab book properly labeled? (Names, Grades, School, MESA Center)							
1	Identify the Need (at least 2 sentences for each) State what is the challenge being worked on? What are the limits/constraints? How do you think you can you solve it.							
2	Explore Conducting research (listing 5 cited/referenced sources), gathering materials, try using materials							
3	Design Brainstorming ideas (at least 3 iterations) each represented by a picture, sketch or drawing. Creating a plan for selected idea (at least 5 sentences). A list of materials for the prototype.							
4	Create Building a prototype. Describing the building of the prototype (at least 5 sentences). Including a final picture of the project.							
5	Try it Out Testing idea/prototype. Attempting at least 3 trials/attempts. Measuring each trial result (by specific performance criteria like distance traveled, time, etc.). Providing evidence of the use and application of at least 2 appropriate mathematical concepts in the tests.							
6	Make Better Evaluate results. List at least five ways project can be improved							
	TOTAL							
	Lab Book Complete (mark with X)							

Master Set ©University of California Regents

MESA DAY CONTEST RULES 2018-2019 (Version 10.31.18 / Updates denoted by an *)