

## MESA DAY CONTEST RULES 2018 – 2019

(Version 10.31.18 / Updated denoted by \*)

### **Prosthetic Arm**

**LEVEL:** Grades 9/10 and 11/12

**TYPE OF CONTEST:** Team

**COMPOSITION OF TEAM:** 2-3 students per team

**NUMBER OF STUDENTS:** Preliminary – As determined by your local MESA Center

Regional – 1 for 9<sup>th</sup>/10<sup>th</sup> Grade; 1 for 11<sup>th</sup>/12<sup>th</sup> Grade per Center

**SPONSOR:** Ben Louie, Associate Director, USC MSP

Cathy Douglas, Associate Director, UCLA MSP

OVERVIEW: Students will design, construct, and operate a simulated

prosthetic arm that can grab, stack, and release plastic cups into a pyramid in the fastest time. Participation logistics, limits, and competition facilities may vary by host site. Advisors and students are responsible for verifying this information with

their center director.

An Engineering Lab Book is a required component of this competition. The purpose of the Engineering Lab Book is for students to closely follow the practices of an engineer in the completion of their MESA Day project. The Engineering Lab Book will encourage students to take a purposeful and sustained approached to building their devices. MESA projects are not designed to be completed in a single class period or day, but to be the result of thoughtful research, planning, analysis and evaluation. The lab book should provide a written record of the thought and insight that a student put into their project, from initial ideas to the final completed project.

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**MATERIALS:** 

For the device, all materials are legal with the exception of hazardous materials. There are no cost limitations; however, awards will be given to the most innovative designs utilizing low-cost materials.

For the Engineering Lab Book, there are three format options for lab book submittals: Electronic Lab Book, Printed/Written Pages or Standard Lab Book. Please check with your local center director for the format required for your preliminary event. Electronic submissions will be required at the Regional/State level.

The Host Center will provide the following:

• 21 – Red Solo Cups 16 ounce plastic cold cups from Amazon or equivalent

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#### **GENERAL RULES:**

- 1) The students' full name, school name, grade and MESA Center must be clearly labeled on the device. A 10% penalty in the score will be assessed for failing to properly label.
- 2) The device must have at least two artificial fingers. These fingers:
  - a. MUST open and close. At least two fingers are required to move.
  - b. MUST grab, stack, and release the plastic cup into a pyramid. Team member may NOT use any other part of the prosthesis or parts of his/her own hand, wrist or arm to grab and release the plastic cup.
- 3) The device must NOT be controlled or operated by either of the team member's fingers, hands, or wrists.
- 4) In order to simulate an amputated arm, participating team member must have his/her wrist, hand, and fingers immobilized during the competition. The team will determine own method for immobilization.
- 5) The device (i.e. artificial fingers) may only grab, stack, and release ONE plastic cup at a time.
  - a. A plastic cup that is dropped on the table or floor, knocked over, knocked off the pyramid, etc. must be grabbed by the artificial fingers before attempting to replace it onto the pyramid.
- 6) During the trial, the team member may use his/her encumbered hand to hold and move the original pre-stack of cups, but the bottom must remain in contact with the table at all times.
- 7) Lab books are meant to clearly demonstrate and illustrate evidence of the application of the Engineering Design Process in the MESA project.

The Engineering Lab Book must be properly labeled (names, school, center, grade level, etc.) and contain and cover the following sections using the template provided:

1. **IDENTIFY THE PROBLEM** (at least 2 sentences for each question) State what is the challenge being worked on? What are the limits/constraints? How do you think you can you solve it?

#### 2. EXPLORE

Find out what others have done (research). Clearly list at least 5 sources (web pages, books, etc.). Identify (cite) and describe them.

#### 3. DESIGN

Brainstorm ideas (at least 3 ideas) and record them. Each idea should be represented by a sketch or drawing.

- i. One sketch should be of the <u>anatomy of the human arm</u> and the other sketches of the <u>device</u>. These sketches MUST be hand-drawn or student's original computergenerated. Sketches should indicate a progression in the thinking and design of the device, and be detailed. Sketches must be no smaller than one page, and can either be drawn on the lab book page directly or attached.
- ii. The sketch of the anatomy of the human arm AND the sketches of the device should include the following eight required and correctly labeled structures:
  - Radius/Ulna
  - Flexor Carpi Ulnaris
  - Radiocarpal Joint
  - Carpus
  - Carpometacarpal Joint
  - Metacarpus

- Phalanges
- Tendons

Select one idea and create a plan (at least 5 sentences) to build a prototype from. Generate a list of materials for your prototype. Table should list all materials utilized for the above eight required structures.

Sample Materials Tabl
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Structure	Material
Radius/Ulna	Mailing Tube
Flexor Carpi Ulnaris	Bungee cord
Radiocarpal Joint	Hinge

#### 4. CREATE

Using your plan, build your prototype. Include a picture of the actual project prototype.

#### 5. TRY IT OUT

Test your idea/prototype. Attempt at least 3 trials/attempts of your test. Measure the results of your test (by project performance criteria). Provide evidence of the use and application of at least 2 appropriate mathematical concepts in your tests. This section must include the calculations for both the following:

- Calculate how much work is done by the artificial fingers in grabbing an object by using W = Fd.
- Calculate the grab and release speed of the artificial fingers by using d = rt.

#### 6. MAKE IT BETTER

Describe how you can make the project better and what modifications you will be making (at least 5 ways you can improve project). Build and prepare competition ready project. Include a picture.

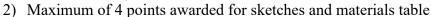
#### \*JUDGING:

- 1) \* Devices will be checked for specifications prior to the start of the competition. Teams that are deemed disqualified after this initial check will still have an opportunity to compete under ALL of the following conditions:
  - a. Accept an automatic "Mistrial" and therefore no score for Trial #1.
  - b. Make repairs/modifications as necessary to bring the device to proper specifications and be ready to compete when called for Trial #2.
  - c. Make repairs/modifications only in the designated area as indicated by the judges.
  - d. Failure to adhere to any of a, b, or c will result in the disqualification being upheld.
- 2) \*Teams that aren't disqualified but wish to make repairs and modifications may do so, but they MUST be ready to compete when called for Trial #1.
- 3) Repairs are only allowed with duplicate parts and materials.
- 4) Each device will be allowed two (2) non-consecutive trials.
- 5) At the beginning of each trial, team member must demonstrate immobilization (see Rule 4).
- 6) Each device must be ready when called or team will forfeit that trial.
- 7) Each team will be given up to 60 seconds to prepare, attach, and demonstrate prosthetic arm, and to place the pre-stack of 21 plastic cups facing down anywhere on the table (i.e. the lips of the cup facing down). If at the end of the 60 seconds the team is not ready, the trial will be declared a mistrial and this process will be repeated for the second trial.
- 8) The judge will give the start order and begin the timer.
- 9) The team member will enter the *Working Area* and will have a maximum of 1 minute (60 seconds) to grab, stack, and release the plastic cups into the tallest pyramid. The judge will notify the team when 30 seconds, 20 seconds, and 10 seconds remain.
- 10) The judge will stop the timer when the last plastic cup has been placed onto the pyramid. Or, the judge will call "time" after one minute has passed.
  - a. The judge will record the time needed to complete the trial.

b. The judge will count the number cups successfully stacked on the second tier or higher (i.e. cups still stacked at the end of the trial).

#### **SCORING:**

- 1) Team points-to-time ratio = total points divided by trial time in seconds (00.00)
  - a. 20 points awarded for each plastic cup on the second tier or higher; plastic cups on the first tier will NOT earn points (maximum of 15 cups x 20 = 300 points)
  - b. Time needed to complete trial (maximum of 60.00 seconds)



- 3) Final Score = best points-to-time ratio plus (+) sketches/table points
  - a. The best points-to-time ratio of the two trials will be used
- 4) A deduction of 20% of the final score will be assessed for an incomplete Engineering Lab Book and a deduction of 50% of the final score will be assessed for a missing Engineering Lab Book.

#### **AWARDS:**

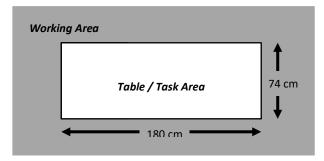
- Medals will be awarded for 1st, 2nd and 3rd place based on the greatest Grand Total Score.
- Ribbons will be awarded for Innovative Engineering Design utilizing low-cost materials.
- Only teams placing in the Grand Total Score category will advance to Regional MESA Day.

#### ATTACHMENTS/APPENDIX:

- Competition Area Specifications
- Equipment
- Inspection & Score Sheet for Prosthetic Arm
- Engineering Lab Book Requirement Rubric

#### **Competition Area Specifications**

A standard six foot table with approximate dimensions of 180 cm (L) x 74 cm (W) x 75 cm (H).



A perimeter of approximately one (1) meter around the table will be marked with tape. Only the team member actively participating during the trial will be permitted in this Working Area.

#### **Equipment**

- 21 pre-stacked Red Solo 16 ounce plastic cold cups from Amazon (Link to cups on Amazon https://goo.gl/Rw85ga) or equivalent recommend additional plastic cold cups as replacements)
- Standard six foot table
- Measuring tape
- Masking tape to outline the Working Area
- 1 stop watch to record trial time

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# INSPECTION AND SCORE SHEET FOR PROSTHETIC ARM High School – Grades 9/10 and 11/12

Copies of this inspection and score sheet will be provided by the MESA Day Host Center.

Student Names:				Grad	le: 9/10 or 11/12	(circle one)	
School:	MESA Center:						
		Section below	v to be complete	ed by Judges			
INSPECTION LIST: Device includes at least Fingers grab and releast Device not controlled by Team has demonstrated	se cups by fingers, had immobilizate	nds, or wrists of	f either handers, hand, and wrist				
Device labeled properly			ineering Design (ra	ŕ			
SKETCHES AND M							
Structure	Material Listed 0.1 points	Sketch of Present 0.1 points	Arm Anatomy Correctly Labeled 0.1 points		Final Device Correctly Labeled 0.1 points	Sub Total	
Radius/Ulna	0.1 points	0.1 points	0.1 points	0.1 points	0.1 points		
Flexor Carpi Ulnaris							
Radiocarpal Joint							
Carpus							
Carpometacarpal Joint							
Metacarpus							
Phalanges							
Tendons							
				TOTAL (n	naximum 4 points)		
TRIAL 1	# c	f cups:	_ x 20 =	(count ONLY cup	os on second tier or h	igher)	
	Trial	Time (00.00 se	econds):	Cup Pts/	Γime Ratio:		
Mistrial (reason):		`	, <u> </u>	•			
TRIAL 2	# c	f cups:	_ x 20 =	(count ONLY cup	os on second tier or h	nigher)	
	Trial	Time (00.00 se	econds):	Cup Pts/	Гіте Ratio:		
Mistrial (reason):							
	Fin	al Score (best	of two trials + Sk	tetches/Materia	als Table Points)		
			Device Labelin	g Penalty (10%	of Final Score)	_	
			Lab Book Penalt	y (20% or 50%	of Final Score)		
				GRAND TO	OTAL SCORE		

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## **MESA DAY 2018-2019**

Lab Book Requirement Rubric (criteria may vary by individual competition)	
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i.e., not su	riteria) will lead to a 20% deduction from the total project scor bmitted OR missing 3 or more specified criteria) will lead to a		_
ne total pr	oject score <u>and</u> will make team ineligible to place.		
TEAM N	MEMBER NAMES:		
SCHOO	L:CENTER:		
LEVEL	(circle one): $6^{th}$ $7/8^{th}$ $9/10^{th}$ $11/12^{th}$		
Section		YES	NO
	Is the lab book properly labeled? (Names, Grades, School, MESA Center)		
1	Identify the Need (at least 2 sentences for each)  State what is the challenge being worked on? What are the limits/constraints? How do you think you can you solve it.		
2	Explore  Conducting research (listing 5 cited/referenced sources), gathering materials, try using materials		
3	Design  Brainstorming ideas (at least 3 iterations) each represented by a picture, sketch or drawing. Creating a plan for selected idea (at least 5 sentences). A list of materials for the prototype.		
4	Create  Building a prototype. Describing the building of the prototype (at least 5 sentences).  Including a final picture of the project.		
5	Try it Out  Testing idea/prototype. Attempting at least 3 trials/attempts. Measuring each trial result (by specific performance criteria like distance traveled, time, etc.). Providing evidence of the use and application of at least 2 appropriate mathematical concepts in the tests.		
6	Make Better  Evaluate results. List at least five ways project can be improved		
	TOTAL		
	Lab Book Complete (mark with X)		
Is this cor	nsidered an <b>incomplete</b> note book (circle one)? NO	YE	S (-20%)
Is this cor	nsidered a missing lab book? (circle one) NO	YE	S (-50%)

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